



Jewish  
Community  
Center

# membership benefits

*benefits apply only for the months enrolled*

## membership type:

	Full	Associate	jfit Monthly
<b>fitness</b>	<p>12 month membership <b>as low as \$175/year</b></p> <hr/> <p><b>Total Access</b> to all jfit fitness &amp; aquatics facilities (see list below) All regular &amp; specialty fitness classes at no charge (see list below) <b>Personal training</b> exclusively for members (1/2 hour &amp; hourly rates apply)</p>	<p>12 month membership <b>as low as \$36/year</b> <i>introductory rate</i></p> <hr/> <p>A free one month trial of jfit, our new exercise &amp; fitness program</p>	<p>jfit monthly membership <b>\$36/month</b> <i>(3 month minimum required)</i></p> <hr/> <p><b>Total Access</b> to all jfit fitness &amp; aquatics facilities (see list below) All regular &amp; specialty fitness classes at no charge (see list below) <b>Personal training</b> exclusively for members (1/2 hour &amp; hourly rates apply)</p>
<b>programs &amp; special events</b>	<p><b>Admission</b> (for family) to any of the free Tampa JCC membership events <b>4 guest passes</b> each year for your guests to use at select JCC events. <b>Priority registration</b></p> <ul style="list-style-type: none"> <li>● for adult recreational &amp; sports leagues</li> <li>● for select jfit fitness &amp; aquatics classes</li> <li>● for summer camp &amp; preschool programs</li> </ul>	<p><b>Admission</b> (for family) to any of the free Tampa JCC membership events <b>4 guest passes</b> each year for your guests to use at select JCC events.</p>	<p><b>Admission</b> (for family) to any of the free Tampa JCC membership events</p>
<b>discounts</b>	<p><b>Discounts</b> on Tampa JCC activities, classes and special events <b>Members only</b> rate on preschool, summer camp and JCC Afternoons programs Discounts &amp; special offers with local retailers</p>	<p><b>Discounts</b> on Tampa JCC activities, classes and special events</p>	<p><b>Discounts</b> on Tampa JCC activities, classes and special events</p>
<b>additional benefits</b>	<p>Gift Bag (<i>promotional item</i>) All mailings &amp; invitations from the Tampa JCC Free, priority use of drop-in child care services</p>	<p>Gift Bag (<i>promotional item</i>) All mailings &amp; invitations from the Tampa JCC</p>	<p>Gift Bag (<i>promotional item</i>) All mailings &amp; invitations from the Tampa JCC Free, priority use of drop-in child care services</p>

## amenities & classes

### jfit fitness & aquatics facilities

- fitness center
- cardiovascular equipment
- free weight room
- boxing equipment
- steam room/sauna
- locker room with handicap accessible showers
- heated 25-meter junior olympic swimming pool
- four lighted tennis courts & racquetball courts
- full-size outdoor basketball court
- athletic field & children's playground

### regular & specialty jfit fitness classes

- Rhythmic Flow
- Zumba
- Pump It Up
- Water Aerobics
- Yoga
- Tae Kwon Do
- Sweat & Tone
- Friday Fitness Challenge
- Awesome Abs
- Tai Chi
- Stretch & Flex
- Power Yoga
- Pilates